



## **Post-Procedure Pediatric Anesthesia Instructions**

The knowledge of these facts and suggestions will help your child have a safe, rapid, and trouble-free recovery after anesthesia.

- Your child's concentration, balance, coordination, and judgement may be impaired for many hours after anesthesia. Your child will have weak legs for a couple of hours after leaving the office. Your child should remain in your presence, in the same room, for several hours after leaving the facility
- Your child may feel weak and emotional after anesthesia.
- Your child may not be hungry after leaving the facility. Your child has been given anti-nausea medication, but wait to feed your child until they are hungry. This will help prevent any nausea or vomiting. Encourage your child to drink lots of fluids today. Fluids such as water, fruit juices, and Gatorade are recommended to prevent dehydration.
- You should have your child play quietly inside for the rest of today. Outside play is not recommended for today. Resume normal activities tomorrow.
- Your child has been given an anti-inflammatory medication that is in the same family as ibuprofen (Motrin, Aleve). Your child's next dose of ibuprofen can be at \_\_\_\_\_. If you think your child needs medication for discomfort before that time, please use Tylenol.